Shirland School





Daily Lunch: \$3.40 Daily Milk: \$0.35

Fruits and vegetables may vary depending on availability Meals include low-fat white or low-fat chocolate milk



May is National Egg Month. Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?

	Meals include low-fat white or low-fat chocolate milk				
	MONDAY	TUESDAY	WEDNESDAY ///	THURSDAY	FRIDAY
\(\frac{1}{2}\)			Chicken Quesadilla Refried Beans Tortilla Chips w/Salsa Peaches (6-8 th Field Trip Sack Lunch)	Chicken Quesadilla Refried Beans Tortilla Chips w/Salsa Peaches (K-5 Field Trip Sack Lunch)	Spaghetti Corn Yogurt Roll Mandarin Oranges
Gr Fr	eatball Sub reen Beans uit Snacks andarin Oranges	Pizza Crunchers Potato Wedges Baby Carrots w/Ranch Yogurt Pears	Macaroni and Cheese Broccoli Mandarin Oranges	French Toast Sticks Yogurt Jumbo Hash Brown Rounds Vegetable Juice Pineapples	Beef Taco Refried Beans & Salsa Peaches
M Fro Gr	ild Mike Cheese Bites arinara Dipping Sauce ench Fries een Beans neapples	Cheeseburger Potato Wedges Pickles Baby Carrots w/Ranch Peaches	Chicken Patty on Bun Broccoli Applesauce	Hot Dog on Bun Sweet Potato Fries Peaches	Chicken Taco Refried Beans & Salsa Pears
Ce Ch	oppy Joe on Bun elery w/ Peanut Butter nex Mix neapples	Corn Dog Potato Wedges Baby Carrots w/Ranch Peaches	Cheese Pizza Yogurt Corn Pears	No School	No School
	Memorial Day No School	No School	No School	No School	No School